

Tactical Combatives Instructor's Course (Level IV) Timeline

Day 1

- Student Inprocessing
 - Fill Out Packets
 - Medical Review of History and Physical
 - Admin Clerk Checks BCC/TCC Certifications
 - Inprocessing Brief Delivered By Primary Instructor
 - Program Overview/Comprehensive Brief
 - Student Speech Handouts
 - Equipment Lay-out/PI Signs For Equipment

- Tactical Combatives Technique Evaluation

- Conduct Drill 1-3 (Adding TCC Variations)

- Basic Combatives Course(BCC) Review (Group Orientated)
 - Stand In Base
 - Tactical Stand In Base
 - Dominant Body Positions
 - Clinch Positions
 - Post, Frame, And Hook
 - Pummeling

- Practical Exercise Live Pummeling (Good Guy In Full Kit)

- Homework Review
 - BCC and TCC Speeches
 - Option 3 SOP And Annex A
 - Graduated Set Of Rules Complete
 - MTT Request Packet
 - CRM (Levels 1-4 And All Tasks)
 - FM 3-25.150, Chapter 1 And Annex A
 - Training Scenarios (Week 2/Week 4)

DAY 2

- RPT

- BCC Review
 - Drill 1
 - Drill 2
 - Drill 3
 - Chokes
 - Arm Bars

- Fighting Over Weapons
 - Muzzle Thump
 - Tug Of War

- Strikes
- Secondary Weapon

- Option 3 Class
 - Annex A
 - Achieve The Clinch SOP

- Live Drilling (Situational Based)

DAY 3

- RPT

- Fighting Over Rifles Review

- Knee Strikes and Knee Defenses

- React To Contact Front Rear

- Risk Mitigation PowerPoint Class

- Group Training Scenarios
 - Operations Order
 - Troop To Task
 - Composite Risk Management

- Grading Sheet

DAY 4

- RPT
- Take Down Review
- Standard Rules Class
- Lecture On Unit-Specific Training Plans (Group Interaction Exercise)
- Contact Front Contact Rear Live Drilling
- Grappling With Strikes
- Situational Grappling (Good Guy In Full Kit)

DAY 5

- BCC Group Review
- BCC Group Technique Test
- Achieve the Clinch Written Test

- BCC CRM Due (Group Presentations)
- Training Scenario Homework Prep

DAY 6

- RPT
- Complete Punch Matrix (Added As Part Of RPT)
- Alternate Trap And Roll
- Defense Against Attempt To Mount
- Escape The Half Guard
- Push/Pull The Propped Knee
- Reverse Bent Arm Bar From Side Control
- Personnel Handling
 - Breakdown Of Posture
 - Angle Of Approach
 - Searching
 - Cuffing

- Against The Wall
 - Grab-Twist method
- Non-Compliant Enemy Attempts To Strike
- Compliant Standing
- Detainee Escort High Value Method

DAY 7

- RPT
- Punch Matrixes With Defense (Added To RPT)
- Chokes From The Mount
- Escape The Headlock
- Lecture Whole Army Plan PowerPoint
- Two-Man Cuffing (Front Take Down)
- Two-Man Cuffing (Rear Take Down)

- Two-Man Cuffing (Front Take Down From Clinch)
- Reverse Prone/Knee On Belly Cuffing

DAY 8

- RPT
- Punch Matrix, Basic Pop And Up
- Chokes From Rear Mount
- Sweeps
- Triangle Choke
- Intermediate Rules PowerPoint
- Vehicle Extraction
- Group Tactical Scenario Prep

DAY 9

- RPT
- Punch/Kick Series
- Pass The Guard Variations
- Defense Against Strikes From The Guard
- Review Cuffing
- Enter And Clear A Room
 - Clear (Move To Center)
 - Adhere (Keep On The Wall)
 - Blitz (Take To Point Of Dominance)
- Live Drilling Enter And Clear A Room Single Team
 - Add Knives For Realism (Electricity)
 - Good Guys In Full Kit
 - Bad Guys In Impact Reduction Suit

DAY 10

- RPT
- Kickboxing Matrix (Added To RPT)

- Cuffing Review
- Vehicle Extraction Review
- Scenario Prep
- Squad Scenario Execution
 - Student-Led Lanes
 - Student-Graded Lanes

DAY 11

- RPT
- Kickboxing Matrix (Added To RPT)
- Advanced Grappling
 - Side Control Escapes
 - North-South Escapes
 - Leg Attacks
 - Knee On Belly Attacks
- Pummeling

- Live Drilling (Good Guys In Full Kit)
- Situational Grappling (Good Guys In Full Kit)
- (Give Homework CRM For Intermediate Rules Due Thursday)
- (Advanced Rules Tournament Packet Due Friday)
- Lecture and Brief to Explain Range Week Expectations

DAY 12

- RPT
- Punch Matrix With Takedowns (Added to RPT)
- TCC Takedowns
- BCIC Takedowns
- Clinch Positions/Takedowns
- Knee Defenses

- Advanced Rules PowerPoint
- Knife-Fighting PowerPoint And Basic Class
- Situational Sparring (Good Guys In Full Kit, Bad Guys Have A Knife)
- Work-Study Groups

DAY 13

- RPT
- Kickboxing Matrix With Takedowns (Added To RPT)
- Takedown Defenses
- Fighting Off The Wall
 - Pinned Against The Wall
 - Pinning Against The Wall
 - Weapons Retention
- Wall Takedowns
 - Double Leg (Rebounding Off Wall)
 - Double Leg (Sliding Off Wall)

- Single Leg (Slingshot)
- Single Leg (Ankle Pick)

- Live Drilling (Good Guys In Full Kit)

- TCC Group Review

DAY 14

- RPT

- Kickboxing Matrix With Takedown (Added To RPT)

- Standing Headlock Escapes

- Standing Guillotine Escapes

- TCC Group Review

- CRM Intermediate Rules Due (Group Presentation)

DAY 15

- RPT

- Advanced Rules Brief (Conducted By Each Group)
- Advanced Rules Tournament Packets Due (Brief, CRM, Equipment List, IPRs)
- Advanced Rules Practical Exercise
- TCC Technique Review (Group Exercise)
- TCC Technique Evaluation
- Final Tactical Scenario Prep

DAY 16

- RPT (Range Of Motion Only)
- Load Equipment
- Movement To Site (Group Dictated Sites)
- Conduct Rehearsals For Squad 1
 - Other Squads Are In Planning/Rock Drill Phase
- Squad 1 Controls Scenario And Runs Other Squads Through

- Clean Up Site
- Accountability Of Personnel/Equipment
- Movement To Schoolhouse
- Accountability And Cleanup

DAY 17

- RPT (Range Of Motion Only)
- Load Equipment
- Movement To Site (Group Dictated Sites)
- Conduct Rehearsals For Squad 2
 - Other Squads Are In Planning/Rock Drill Phase
- Squad 2 Controls Scenario And Runs Other Squads Through
- Clean Up Site
- Accountability Of Personnel/Equipment

- Movement To Schoolhouse
- Accountability And Cleanup

DAY 18

- RPT (Range Of Motion Only)
- Load Equipment
- Movement To Site (Group Dictated Sites)
- Conduct Rehearsals For Squad 3
 - Other Squads Are In Planning/Rock Drill Phase
- Squad 3 Controls Scenario And Runs Other Squads Through
- Clean Up Site
- Accountability Of Personnel/Equipment
- Movement To Schoolhouse
- Accountability And Cleanup

DAY 19

- Tactical Scenario Recovery
- Clean Facility
- Equipment Accountability
- Graduation Setup And Rehearsal
- End Of Course AAR/Critiques

DAY 20

- Graduation Rehearsal
- Graduation